



160+ HOURS OF FREE CPD

APS Membership 2026-27

Your free CPD package

Your free CPD package – what's included



As an APS member in 2026-27, you have access to register into 75+ CPD activities at no extra cost—over \$4,000 in value at non-member pricing, covering 160+ hours of learning across a wide range of practice areas.

This document lists every activity included in your free CPD package, so you can plan your professional development for the year ahead.

HOW TO ACCESS YOUR ACTIVITIES

- ➔ Log in at psychology.org.au
- 🖱 Visit [CPD & events](#)
- 🔍 Search by event number, or browse by topic

From 5 August 2026, activities included in your CPD package will be available for you to register into at your leisure, at no charge.

On-demand & eLearning activities are self-paced and can be completed at any time during this membership year.

GLOSSARY

ON-DEMAND	Convenient, low-cost access to learning materials, with 12 months' access.
eLEARNING	Self-paced active learning, with 6 months' access.
CPD ON THE GO®	Mobile-friendly, one to two hour eLearning modules featuring brief articles and quizzes, designed for flexible and convenient CPD completion.
WEBINAR	Interactive online presentations to large audiences, with real-time engagement through Q&A, polls, and discussions.
FOUNDATIONAL	Activities targeted to those new to the topic.
INTERMEDIATE	Activities targeted to those who have some previous learning on the topic.

All Professional Development activities come with a certificate of completion and the APS CPD Approved badge giving you the assurance of high-quality education.

INCLUDED FREE with your 2026-27 membership

These activities are normally available to members at a fee. From 5 August 2026, they're included at no charge as part of your membership.

EVENT NO.	CPD ACTIVITY	CPD HOURS	ACTIVITY LEVEL	LEARNING FORMAT	APS MEMBER FEE*	NON-MEMBER FEE
23161	Responding with confidence to suicidality in clients	6	INTERMEDIATE	ON-DEMAND	\$200	\$300
22595	Psychologists as expert witnesses: The fundamentals	3	FOUNDATIONAL	ON-DEMAND	\$150	\$225
21847	Countering violent extremism	10	FOUNDATIONAL	eLEARNING	\$99	\$150
21490	Applied mental health in residential aged care: Practical program for clinicians	8	FOUNDATIONAL	eLEARNING	\$99	\$150
21983	Supporting the mental health of older people in residential aged care: Mental health	10	FOUNDATIONAL	eLEARNING	\$99	\$150
22636	How to manage insomnia disorder with CBTi	3	FOUNDATIONAL	ON-DEMAND	\$90	\$135
22603	Time-limited psychodynamic psychotherapy with adults, children, adolescents and parents	3	FOUNDATIONAL	ON-DEMAND	\$80	\$120
23165	Psychological treatment of women with complex presentations	3	INTERMEDIATE	ON-DEMAND	\$80	\$120
23045	Schema Therapy: Treating trauma - 2-part webinar series	3	INTERMEDIATE	ON-DEMAND	\$80	\$120
23160	Emotional Freedom techniques - emerging research	3	FOUNDATIONAL	ON-DEMAND	\$80	\$120
22241	CBT for late life anxiety and depression	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22378	Working collaboratively with parents and carers to support children's and adolescents'	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
22594	Psychologists as expert witnesses: An introduction	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
22800	What it all means at the end. Working with people making sense of the end of their lives.	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
22633	Cultural competency: 1. Interviewing culturally and linguistically diverse adult clients	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
22806	Working with children and parents involved in family law disputes: What every psychologist should know	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90

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22634	Cultural competency: 2. Assessing youth, culturally and linguistically	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
22707	Understanding and managing anger: A guide for psychologists	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22661	Intellectual disability: 2. Treatment for adults with an intellectual disability/cognitive impairment with challenging/offending behaviours	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22807	Managing conflict between parents when working with children	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22662	Intellectual disability: 1. Psychological and cognitive vulnerabilities of individuals with intellectual disabilities and the criminal justice system	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22708	Forensic psychology 101: Understanding the basics	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23156	Reducing risk for dementia by targeting lifestyle factors	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23166	Multicultural counselling	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23177	Interventions for improving self-efficacy in older people: A summary of 10 years of research	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23154	Helping family members of people with dementia	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22650	Demystifying working with AOD clients	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23098	Treating targets of school bullying: A clinical tool	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23067	Using a process-based approach to create change with adults	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
22652	Key strategies and practical tips for long-term weight-loss success	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23040	Current trends in neuroscience	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23157	Overcoming prolonged isolation and loneliness in late life	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90

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23208	<u>Bringing psychology services outside: nature as a co-therapist</u>	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23149	<u>The forgotten mourners: How grief and bereavement affect older people</u>	1.5	FOUNDATIONAL	ON-DEMAND	\$60	\$90
23102	<u>Using DSM-5-TR (2022) in clinical practice</u>	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23599	<u>Aboriginal psychology in clinical practice</u>	1.5	INTERMEDIATE	ON-DEMAND	\$60	\$90
23151	<u>Responding to the impacts of the climate crisis on children and youth</u>	1	FOUNDATIONAL	eLEARNING & CPD ON THE GO®	\$45	\$60
21545	Supporting child and adolescent mental health during times of extraordinary change: <u>1. Building resilience through social and emotional learning</u>	1.5	INTERMEDIATE	ON-DEMAND	\$30	\$45
21546	Supporting child and adolescent mental health during times of extraordinary change: <u>2. Responding effectively to school refusal</u>	1.5	INTERMEDIATE	ON-DEMAND	\$30	\$45
21547	Supporting child and adolescent mental health during times of extraordinary change: <u>3. Understanding and responding to anxiety</u>	1.5	FOUNDATIONAL	ON-DEMAND	\$30	\$45
21548	Supporting child and adolescent mental health during times of extraordinary change: <u>4. Helping parents and school staff to recognise and respond to early signs of mental health challenges</u>	1.5	INTERMEDIATE	ON-DEMAND	\$30	\$45
23232	<u>Mandatory reporting: What you need to know</u>	1.5	FOUNDATIONAL	ON-DEMAND	\$20	\$60
23702	<u>Cyber security, privacy, and data protection</u>	1.5	FOUNDATIONAL	ON-DEMAND	\$10	\$30

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EVENT NO.	CPD ACTIVITY	CPD HOURS	ACTIVITY LEVEL	LEARNING FORMAT	APS MEMBER FEE*	NON-MEMBER FEE
24956	APS Member Only Event The PsyBA's updated approach to assessing Area of Practice endorsement applications	1	FOUNDATIONAL	ON-DEMAND	FREE	N/A
25221	APS Member Only Event Understanding the Psychology Board of Australia's regulatory processes	1.5	FOUNDATIONAL	ON-DEMAND	FREE	N/A
23696	APS Member Only Event <u>PsyBA consultation on updating the competencies for general registration</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	N/A
23961	<u>Responding to disasters</u>	5	FOUNDATIONAL & INTERMEDIATE	eLEARNING	FREE	\$120
26059	<u>Bots, Brains & Belonging: The new psychology of youth chatbot use</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$90
23818	<u>Psychedelic Assisted Therapy: Implications of the TGA decisions for psychologists</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$90
23901	<u>Best telehealth practices to achieve measurement-based outcomes</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$90
25110	<u>Indigenous informed disaster recovery: Addressing collective trauma using a healing framework</u>	2	FOUNDATIONAL	eLEARNING & CPD ON THE GO®	FREE	\$60
25481	<u>Introduction to the new PsyBA Code of conduct and Professional competencies for psychologists</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
25482	<u>Privacy and confidentiality, consent, and record keeping in line with the new PsyBA Code of conduct</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
25483	<u>Boundaries and multiple relationships in line with the new PsyBA Code of conduct</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
22516	<u>Ending well-discussing end of career options</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
22429	<u>What does decolonisation within psychology mean for me?</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
22540	<u>Cultural Safety in Trauma-Informed Practice. What's culture got to do with it?</u>	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60

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23397	Report writing & use of proper terminology	1.5	INTERMEDIATE	ON-DEMAND	FREE	\$60
23399	101 on claims handling process and AHPRA claims	1.5	INTERMEDIATE	ON-DEMAND	FREE	\$60
23403	Fitness to work based on psychologist conduct outside work and unprofessional / sexual misconduct	1.5	INTERMEDIATE	ON-DEMAND	FREE	\$60
23404	Subpoenas and requests for treatment records	1.5	INTERMEDIATE	ON-DEMAND	FREE	\$60
23426	Managing the risks of multiple relationships and multiple clients	1.5	INTERMEDIATE	ON-DEMAND	FREE	\$60
23609	Sex work discrimination and the delivery of psychology services in Victoria	1	FOUNDATIONAL	ON-DEMAND	FREE	\$60
23430	Voluntary assisted dying	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
23522	ThinkUKnow - preventing online child sexual exploitation	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$60
21473	Medico legal issues and psychology: 1. Ten tips to prevent being sued	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$45
21474	Medico legal issues and psychology: 2. Legal issues for telehealth psychology services	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$45
21564	Client informed consent for treatment obligations and risks	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$45
23054	Ways to protect your digital patient records from theft or loss	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$30
23179	Career pathways: Psychology and ageing	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$20
24285	Copyright 101: Navigating permissions and compliance in your practice	1.5	FOUNDATIONAL	ON-DEMAND	FREE	\$10
25543	Understanding sex and gender recognition reforms in Western Australia	1	FOUNDATIONAL	ON-DEMAND	FREE	\$10
23699	Indigenous psychology and decolonising neuropsychology in Australia	6.5	FOUNDATIONAL	ON-DEMAND	FREE	\$10

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24231	Wellbeing and you	1.5	FOUNDATIONAL	eLEARNING	FREE	\$10
25821	Cyber security made simple: Build a secure a confident psychology practice	1	FOUNDATIONAL	ON-DEMAND	FREE	\$10
25363	Cybersecurity essentials for Australian psychologists: Protecting patient privacy in a digital world	1	FOUNDATIONAL	ON-DEMAND	FREE	\$10
25501	Cybersecurity in practice: essentials for psychologists	1	FOUNDATIONAL	ON-DEMAND	FREE	\$10
25987	Psychologists and the courts	1	FOUNDATIONAL	WEBINAR	FREE	\$10
26006	Starting the conversation: Sexual healthcare	1	FOUNDATIONAL	WEBINAR	FREE	\$10

FREE FOR EVERYONE members and non-members

EVENT NO.	CPD ACTIVITY	CPD HOURS	ACTIVITY LEVEL	LEARNING FORMAT	APS MEMBER FEE*	NON-MEMBER FEE
21311	Providing psychological services to people affected by bushfires	1.5	FOUNDATIONAL	ON-DEMAND	FREE	FREE
23483	Flourishing Systems: A Systems Informed Positive Psychology approach	1	FOUNDATIONAL	ON-DEMAND	FREE	FREE
25687	Best practice management of the psychosocial impacts of anaphylaxis and food allergies	2	FOUNDATIONAL	eLEARNING	FREE	FREE
23521	Coping in good times and bad: Developing fortitude	1	FOUNDATIONAL	ON-DEMAND	FREE	FREE
25274	Psychological care for people experiencing gambling harm	1.5	FOUNDATIONAL	ON-DEMAND	FREE	FREE

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