# 2020 ANNUAL REPORT



# Contents

PRESIDENT'S MESSAGE
OVERVIEW5
MEMBERSHIP IN 2020
YOUR VOICE
YOUR PRACTICE, STUDIES AND TRAINING 11
YOUR NEWS AND RESOURCES14
YOUR RESEARCH AND AWARDS16
YOUR COMMUNITY

The Australian Psychological Society (APS) is the peak professional organisation for psychology, representing 25,068 members. In 2020 we decisively re-evaluated conventional thinking, taking bold steps towards building a revitalised APS.



The online version of the APS Annual Report includes infographics and imagery. To access the report, visit www.psychology.org.au/APS-Annual-Reports/2020

# President's message

Ros Knight FAPS FCCLIN FCCOUNS GAICD President



It is my pleasure to welcome you to the Australian Psychological Society's 2020 Annual Report. This has been a year of unprecedented change and future-focused decision making for our organisation, and it causes me to reflect with pride on what our incredible community of psychologists has achieved.

We have all faced challenges in 2020 that we could never have anticipated – in particular during the second half of this reporting period.

The experiences of the Australian summer will be with us for decades to come. The Australian community reeled and watched in horror as landscapes, homes and lives were lost. People struggled to adapt and find stability again. The APS reached out with advice for practitioners and also for the public on how to cope and find assistance through this difficult time. Our practice certificate in disaster support was well subscribed by members who stepped up to be trained in this area, some of whom went on to provide outreach support to assist people in these horrendous circumstances through the Disaster Response Network. We advocated for increased Medicare sessions to assist Australians and educated the public through media and resourcing on the website. We made a difference as an organization, and as a profession, to the lives of many.

Then, the world was changed fundamentally by COVID-19. As has been routinely mentioned, this was a calamity unseen in any of our lifetimes – and is still not over. The APS pivoted promptly to work remotely and meet member needs – barely missing a beat. Admirably, our members also pivoted to telehealth in droves and the APS was there to support them through this, at times, unnerving process. We provided members with the training and resources necessary for the mental health of Australians to be as widely treated as possible.

We continued to advocate for more sessions and for continuation of Medicare subsidised telehealth, given the apparent and emerging benefits. We also focused on the public, providing dozens of resources on our website and through social media. Our loneliness resources were particularly well received, as were our COVID-19 resources, and over 2000 Australians attended our free public webinar on how to cope with loneliness during the pandemic. We have excelled and our efforts have been utilised.

Our increased presence over these issues has meant that we have the opportunity to work with other organisations to improve our messaging and impact for the betterment of the public and the profession. The Psychology Industry Advisory Group<sup>1</sup> has worked together over COVID, psychology education funding and other key issues. We have presented a strong voice to government and other stakeholders on the value of psychology and psychological science and practice. We have also moved into working with providers such as the Black Dog Institute in the area of mental health as we aim to ensure high quality service provision by psychologists where appropriate. This meeting of the minds will continue into the future.

The APS White Paper: The Future of Psychology in Australia – developed in 2019 – has remained an important tool in advocating for a whole-of-psychology workforce. The White Paper continues to underlie our

 ACP – Association of Counselling Psychologists ACPA – Australian Clinical Psychology Association AIPA – Australian Indigenous Psychologists Association APAC – Australian Psychology Accreditation Council HODSPA – Heads of Departments and Schools of Psychology Association ICP – Institute of Clinical Psychologists IPPP – Institute of Private Practising Psychologists PsyBA – Psychology Board of Australia advocacy efforts, and has been pivotal to various APS submissions including the Royal Commission into Victoria's Mental Health System and our submission to the Mental Health Productivity Commission's investigation into the social and economic benefits of improving mental health in Australia. This is not to suggest that all of our submissions are mental health. We have also provided 35 submissions across a range of areas included aged care, child and family welfare, disability, workplace and employment, and more.

In 2020, the APS has again recognised the contribution of members and psychologists. It was an absolute pleasure to acknowledge Ron Taft's 75 years of membership with the APS. He has been with us from the very beginning and is a remarkable man. Dozens of members were celebrated for their work via the educational, science and practice awards through to branch and college awards, and more. The President's Award for 2019 was awarded to Professor Pat Dudgeon, and also to Professor Shane Thomas for their exceptional work for psychology across the country and internationally.

The education and training of members excelled this year. We offered 400 hours of CPD via multi-model formats – despite the challenges to face-to-face learning posed by COVID. An incredible 25,000 individuals took part in continuing professional development webinars offered by the APS in 2020. This is a threefold increase on 2019, which is a massive achievement – both for the staff working to produce such a high level of online learning, and for our members who embraced learning in this way. We expanded the number of e-learning modules by 36, which were accessed by over 8000 individuals.

More than 700 delegates took part in the three key APS conferences – the College of Organisational Psychologists Conference, College of Organisational Psychologists Workplace Excellence Awards and the College of Clinical Neuropsychologists Conference. In mid-March the decision was made to postpone the APS College of Clinical Psychology Conference until 2021. The APS poured time and resources into transitioning from in-person to virtual events and conferences, and our member groups were thus able to forge ahead with more than 370 events attended by over 15,000 people – an admirable and heartening result. Our AGM will be held virtually during our web-based annual conference in October 2020 and we look forward to this new experience and reflecting on our recent successes via this new format.

The Board has played an enormous role in leading the APS through 2020. Two new elected Directors joined us after the AGM in October – Tamara Cavenett as President-Elect, and Simon Crowe as a General Director. Robyn Batten and Mary Latham were reappointed as our independent non-executive Directors for Governance and Finance respectively, and organisational psychologist Paul Flanagan was appointed to the Board in early 2020 as an Additional Director. We extend our sincere thanks to Aaron Frost, Tim Carey, Hannah Challis and Geoff Gallas, whose terms as Directors ended at the 2019 AGM. The Board has continued to focus on lifting its skills with a requirement that all Board Directors complete the Australian Institute of Company Directors (AICD) course, and pass the exams. The Board also put a lot of planning and thought into the future direction of the APS through the development of a new strategic plan for 2021-24, laying out a roadmap for the APS through the organisation's strategic priorities.

I must acknowledge the APS staff, who have embraced the challenges of 2020 and in particular the virtual working environment thrust upon them this year. Always smiling and always willing to help from their new virtual office. The APS executive management group and their teams work extremely hard to ensure we are doing everything possible to provide value and the best possible service to members. All staff are passionate about psychology and the service our members provide.

Finally, I extend my sincere gratitude to the thousands of member volunteers who dedicate their time to the success of the APS through our many Branches, Colleges, Interest Groups, advisory groups and committees. I am ever in awe of the incredible dedication and contribution each and every APS member makes to our valued profession and discipline.

The APS remains the peak body for our profession, with over 25,000 members and it has been a pleasure to serve them over the last year. ■

# **Overview**

The APS was led by CEO Frances Mirabelli during this Annual Report period (1 June 2019 – 31 May 2020). The APS thanks Ms Mirabelli for her leadership during 2018-2020 and for her contribution to the organisation. During this time, Ms Mirabelli oversaw an increase in APS membership to a milestone of 25,000 members. The previous major milestone of 20,000 members was achieved in 2011. This growth in numbers is a reflection of the value that APS psychologists place in the support provided by their member organisation.

In 2019 at the International Summit on Psychology and Global Health the APS signed the international pledge to combat climate change, along with more than 40 other organisations, and shared with our international colleagues the outputs and findings from Psychology Week – which explored the topic of youth and social justice issues, with a particular focus on the climate crisis.

APS support for members took on a renewed focus in January 2020. The National Office returned from the annual end of year break in the midst of Australia's most devastating and costly bushfire season in modern history. The Bushfire Recovery Access Initiative was introduced by the Federal Government, allowing 10 rebatable services to be delivered by psychologists in 2020 and 2021. Following additional requests for targeted government funding, the APS also secured a contract with the Federal Government to fund the training of psychologists in disaster support, to ensure a supply of psychologists following natural disasters through the APS Disaster Response Network (DRN). Hundreds of members have since registered for the free training, with over a hundred members joining the DRN. The policy team led by Ms Gay Santiago and Ms Mirabelli should be commended for securing government support during this disaster.

he impacts of COVID-19 shortly followed the end of the bushfire season, and again, the APS needed to act swiftly to keep members updated and informed on what this meant for their practice, research and teaching. All staff commenced working from home in March 2020 and the APS has remained fully operational during this time.

With weekly announcements coming out of Government affecting every part of public life, the APS increased communication with members. The professional development and membership teams working with colleges and member groups to develop a large suite of COVID-19 resources for psychologists – in particular around the transition to telehealth – and for the public. The shift from face-to-face member events and CPD to online delivery also formed a major part the APS's adaption to 'the new normal'. The conferences and events team actively repositioned APS events, and considerable planning was undertaken to transform the annual conference PSY2020 to a virtual conference – which will take place in October 2020. The former CEO had direct engagement with members through frequent webinars, including on the changes to practice due to COVID-19, and on the economic stimulus packages from government.

In March 2020, COVID-19 Medicare rebatable telehealth items were announced. In that same month, the APS secured an arrangement whereby the majority of health funds will provide coverage for teleconsultations provided by psychologists. In April 2020, the Federal Government confirmed that psychologists could charge a gap fee on these items. This advocacy work to push for an extension of COVID-19 telehealth items beyond September 2020 continued, as did the work to expand the number of Medicare rebatable sessions from 10 to at least 20 sessions.

In July 2020 Dr Zena Burgess FAPS FAICD joined the APS as transition CEO (appointed as ongoing CEO in August). Zena has worked with the Board on the development of the Strategic Plan 2021-2024 – the core purpose of which is to advance the discipline and profession of psychology, for the benefit of all Australians. Zena looks forward to working closely with the members to strengthen the profession and the APS.

The APS is grateful to the many thousands of members who have supported the organisation in 2020, particularly through lending their time and expertise to the many committees and working groups.

APS staff are to be commended for their professionalism and dedication to supporting members, through what has been an incredibly challenging and uncertain year. They bring both passion and positivity to their work whilst also achieving considerable outcomes for the APS. The effectiveness of this combination cannot be overstated.

The Board of Directors has provided valued stewardship of the Society, and the APS expresses its sincere acknowledgement and appreciation to Ros Knight for her presidency and representing the members and the organisation during such a turbulent period in Australia's history.

# Membership in 2020





FIGURES AS AT 31 MAY 2020

# Your voice

In 2020, the voice of psychology reached all corners of the country thanks to our advocacy work. This was carried out through regular submissions and representations, meetings with Government, and via the media and our social media platforms.

### Advocacy

The relationships built with Government and other psychology organisations strengthened in 2020, as an increased interest and respect for psychology emerged. This shored up the APS to have influence on a range of issues affecting Australians.

The APS has been clear on what members want and need in 2020. This was achieved by keeping the lines of communication open at all times, even through a seamless transition to a fully virtual office in March following the announcement of the pandemic. Staff heard directly from members via thousands of emails and phone calls, and through multiple webinars. With this singular direction gathered from multiple voices, the APS presented a clear case to Government, resulting in some significant achievements.

These included:

- COVID-19 telehealth items for all Australians
- Gap fee options for all COVID-19 telehealth items, for all Australians
- Coverage for teleconsultations from Australian health funds during the coronavirus outbreak
- The lifting of restrictions on charging gap fees for children, as a result of our advocacy work
- Additional Medicare-rebated sessions for bushfireaffected communities.

Our lobbying work continued in earnest regarding increasing the currently available 10 sessions to at least 20 sessions to any Australian, in any part of the country, with a Mental Health Treatment Plan. Given the stresses placed on Australians – in particular over the last year – this is essential.

In April, the APS was advised that the MBS Review Taskforce had been put on hold until further notice, to allow the clinicians who make up the Taskforce to focus on their patients during the coronavirus crisis. The Taskforce's report was originally expected to be delivered in May 2020.

Similarly, the Psychology Board of Australia's (PsyBA) review of professional competency requirements, which was due to begin in late March, was also put on hold. The APS has carefully considered the PsyBA Green Paper released in February, and will be involved in stakeholder meetings in 2021 and beyond. In November 2019, the APS joined the leaders of 43 psychological associations at the first International Summit on Psychology and Global Health: A Leader in Climate Action in Lisbon. There, we signed a referendum citing the "overwhelming agreement among climate scientists that climate change poses a serious global threat, is occurring faster than previously anticipated and is contributed to by human behaviour." The APS and our international colleagues pledged to encourage leaders in government, academia, health and business to use more psychological science in designing policies to promote sustainable preventive and corrective behaviours.

In August 2019, the APS acted quickly to address many of the concerns our members raised around the introduction of new contracting arrangements in the shift of ADF service provider from Medibank to Bupa. The APS met with ADF representatives and as a result, Bupa agreed to reinstate many of the arrangements that were previously in place under Medibank.

In 2020 the APS continued its work providing secretariat support for the National Assessment and Referral Project, funded by the Department of Health. The project aims to develop national guidance and resources for the assessment and referral of clients presenting for assistance across the stepped-care approach.

# Submissions

The APS made submissions to Government across a range of areas affecting Australian communities. Once again, health workforce and regulation was a focus, relating to the structure and function of the mental health workforce. There was a significant increase in submissions around social issues, in large part due to COVID-19.

#### Submissions

Aged Care and End-of-Life	9%
Child and Family Welfare	3%
Disability	5%
Workplace and Employment	6%
Health Service Delivery	17%
Health Workforce and Regulation	20%
Social Issues	40%

### Representations

APS strategic advocacy and contribution to community wellbeing was supported through representation on a large number of influential advisory groups and committees. The APS voiced its expertise on a range of issues and areas where psychology plays a role.

#### Representations

Aged Care and End-of-Life	13%
Child and Family Welfare	35%
Disability	7%
Workplace and Employment	5%
Health Service Delivery	34%
Health Workforce and Regulation	11%
Social Issues	25%

# Aged Care and End-of-Life

- Improving the mental health and wellbeing of people in the aged care sector, including the staff particularly given the current impacts of COVID-19 on aged care facilities.
- Ensuring adequate resourcing for the provision of psychological care and oversight in the end-of-life and palliative care services.
- Equitable funding for aged care residents to access mental health assessment and treatment services and also to train RACF staff to improve their ability to address behavioural issues and reduce the frequency and use of restrictive practices.
- Improving support for older Aboriginal and Torres Strait Islander people in remote communities.

#### Highlights

#### Submissions

- Submission to the Royal Commission into Aged Care Quality and Safety
- State based submissions to legislative changes regarding voluntary assisted dying such as the South Australian End of Life Choices Inquiry
- APS response to Evaluation of the National Framework for Action on Dementia 2015-2019

#### Representations

- Royal Commission into Aged Care Quality and Safety -Mental health
- National Aged Care Alliance

### **Child and Family Welfare**

- Enhancing access to various services via telehealth to support children and families through the COVID-19 pandemic.
- Advocating for children and families to have enhanced access to neurodevelopmental assessments and early intervention services.
- Advocating for increased integration of psychologists and psychological science within the justice system, especially the youth justice.
- The critical role of psychologists in schools, including minimum ratios.

#### Highlights

#### Submissions

- APS response to questions from the Productivity Commission in related to minimum ratios of psychologists in schools and increased integration of psychologists and psychological science in the justice sector
- Mental Health Commissions Pandemic Response recovery plan for children

#### Representations

- National Mental Health Commission National Children's Mental Health and Wellbeing Strategy
- Attorney General Department Family Law and Family Report Assessments

### Disability

- Ensuring a viable and sustainable NDIS workforce, including a comprehensive workforce development plan for education, training, recruitment and retention of NDIS staff.
- Addressing several issues and gaps with the NDIS that impact the delivery of psychological services to NDIS participants.
- Improving access to disability services in the justice system.

#### Highlights

#### Submissions

- APS Response to Joint Standing Committee on the National Disability Insurance Scheme: NDIS Planning
- SA Attorney General Office Communication Partner Service

#### Representations

- Department of Veterans' Affairs
- National Disability Insurance Scheme

### **Health Service Delivery**

- Amendments to the availability of mental health services to all Australians during the COVID-19 pandemic, including increased access to telehealth, increased sessions, access for bushfires, including allowing for the adjunct of interpreter services.
- Strengthening the evidence-base for the delivery of mental health services to ensure Australia's mental health system is effective and efficacious in reducing the burden of mental health.
- Enhancing the funding and structural reform of Australia's mental health system to facilitate long-term sustainability.

#### Highlights

#### Submissions

- Productivity Commission Inquiry into Mental Health: APS Response to Draft Report
- Submission into the WA Inquiry into the Guardianship and Administration Amendment Bill
- APS Response to the Mental Health Reference Group Report – MBS Review

#### Representations

- Health Experts Advisory Group Department of Home Affairs
- Department of Health
- National Mental Health Commission

### Health Workforce and Regulation

- Advocating for enhanced workforce planning to clarify the competencies and roles of mental health professionals across the mental health system.
- Enhancing access to psychological services for Australians living/working in regional, rural and remote areas of Australia.
- Enhancing the structure and function of the mental health workforce across the stepped care model to strengthen care pathways and ensure individuals access the right care at the right time, including addressing in the training needs and roles of professionals within the mental health care system.

#### Highlights

#### Submissions

 Joint submission in response to final report of the Accreditation Standards Review

- APS response to preliminary consultation paper:
  Consultation on review of the guidelines for mandatory notifications
- The Department of Employment, Skills, Small and Family Business (DESSFB) consultation on draft proposed occupation lists

#### Representations

- Australian Health Professionals Regulation Agency (AHPRA) Professions Reference Group
- Digital Mental Health Advisory Committee
- Allied Health Professions Association (AHPA)

#### **Social Issues**

- Advocating for a range of government responses in relation to the impacts of the COVID-19 pandemic, including increased access to psychological services, continuity of care, and addressing loneliness and social isolation impacts.
- Enhancing the government and community response to the impact of the Australian bushfires on the mental health and wellbeing of children, families and the community.
- Increasing the availability of affordable and safe housing and accommodation through better resourcing and educating housing providers to work with and understand the impact of trauma and mental illness required to support early intervention.
- Supporting protection against discrimination for Australians on the grounds of race, sex, gender, disability and age.

#### Highlights

#### Submissions

- Submission to the Senate Select Committee on COVID-19
- Submission to the Religious Freedom Bills First Exposure Drafts
- Submission to the Tasmania Law Reform Institute on the Legal Recognition of Sex and Gender
- APS response to the National Mental Health Commission's Issues Paper – Mental Health Impacts of Quarantine and Isolation
- APS Response to Senate Finance and Public Administration Committee – Lessons to be learned in relation to the Australian bushfire season 2019-2020

#### Representations

- Department of Home Affairs Countering Violent Extremism
- The Centre for Best Practice in Aboriginal and Torres Strait

Islander Suicide Prevention

 National Mental Health Commission – Bushfire response and COVID-19 response

#### Workplace and Employment

- Advocating for equity in the treatment of physical and psychological wellbeing in the workplace.
- Implementing safe and evidence-based strategies about what fosters good workplace mental health.

#### Highlights

#### Submissions

- APS response to Consultation on the Regulation Impact Statement: 2018 Review of the Model Work Health and Safety Laws
- APS response to SIRA Consultation Paper on customer services conduct principles

#### Representations

- State Insurance Regulatory Authority
- WorkSafe Australia and state bodies

#### Media and public awareness

A key focus of the APS in 2020 was engaging with the wider Australian community to increase understanding of psychology and the role it can play in their lives. This was carried out through a range of activities.

The public profile of the APS continued to build, with psychologists being heard by the public through a range of media outlets. APS President Ros Knight and former CEO Frances Mirabelli made appearances and spoke with Sky News, ABC national TV and radio news, SBS News, Channel 9, Channel 10, The Australian, The Sydney Morning Herald, The Age, The Australian Financial Review, podcasts and vodcasts, and more. APS members also made contributions through the writing and sharing of news articles.

Engagement by members and the public also increased, with regular news announcements and the sharing of resources made through our Facebook, LindedIn and Twitter channels. Our resources were shared widely, both nationally and internationally.

#### Loneliness public event

In April, the APS hosted an online event *Loneliness and social isolation in the time of COVID-19* for over 2,000 members of the public around the country. This was set up following media reports, feedback from members and new research which revealed that many people across Australia were struggling with the social impacts of the lockdowns introduced to help stave off the spread of COVID-19. APS President Ros Knight, Dr Michelle Lim MAPS and Professor Jo Badcock MAPS spoke about previous research into the effects of loneliness and covered a broad range of advice and tips for older people, those with children, those living alone, and more. Participants engaged in conversations with one another through the chat function and asked questions of the presenters. This was a hugely successful format and will be used for future events.

#### **Psychology Week**

The 2019 Psychology Week research topic was on young people's voices in the climate crisis, titled *Psychology and social justice issues: What can we learn from young people?* 

A review of the literature in this area was undertaken which indicated that 95% of Australian youth believe that climate change is a serious problem. A second aspect of the project was the formation of a Social Justice Youth Advisory Group of 60 young people aged 16 to 25 who shared their views and concerns about the climate crisis through face-to-face workshops and via a closed Facebook group. Short videos were produced of the young people speaking about what was of most concern to them, with the climate crisis featuring heavily.

The project led to recommendations for education providers, community and media, psychology research, teaching and practice, and Governments, to address climate change.

# Your practice, studies and training

Flexibility was needed to adapt to the changing requirements brought about by COVID-19. In the last few months of 2020, face-to-face events and professional development courses were moved online, opening up new opportunities for members.

### **Professional development**

APS members signed up for a wide range of CPD options. Topics were expanded, formats were adapted, and an incredible 25,000 individuals registered for our webinars – a three-fold increase on 2019.

The APS offered over 400 hours of CPD for members via multimodal formats including webinar, self-paced online e-learning modules and face-to-face supervisor training.

#### Webinars

In 2020, the APS had a three-fold increase on registered attendees from 2018-2019, with 25,000 individuals registering for webinars.

The APS put the call out to members to submit their ideas for new webinars, resulting in a strong response and the development of new topics and content. Fourteen webinars were also made available free to members, offering welcome support, and presenting a strong member benefit.

When the COVID-19 restrictions came into effect across Australia in March 2020, the APS quickly adapted. A wide range of learning opportunities were made available via webinars in the months that followed, to assist members with meeting their annual CPD requirements during challenging times. All webinars were also offered as recordings, making it convenient for members to continue to access topics of interest throughout the year.

#### Online e-learning modules

Self-paced e-learning modules were a priority, and the APS worked closely with experts to develop several new courses. A total of 36 e-learning modules were accessed by 8371 individuals.

A highlight of the new courses developed and delivered was a four-part series on autism spectrum disorder, which offers comprehensive 'how to' of best practice assessment.

The APS also leveraged key relationships with Government and organisations to secure funding for new e-learning courses aimed at upskilling psychologists in specialist areas. This funding enabled the APS to offer these courses for free to members. Aged Care Mental Health Workforce online training This is a series of interactive online training modules, webinars and resources for the mental health workforce to support the provision of clinical mental health services for older people living in residential aged care.

#### Countering Violent Extremism online training

This training package is designed to help psychologists build the confidence and skills needed to achieve the attimes multiple and competing outcomes associated with working with clients vulnerable to violent extremism.

#### APS Practice Certificate in Disaster Support

After many months of negotiating with the Australian Government, the APS announced in May that eligible members could undertake the Practice Certificate in Disaster Support at no cost (28 CPD hours, \$1500 for non-members). This is possible due to funding provided by the Commonwealth Government, which has made a commitment to supporting communities, frontline workers, and those affected by the 2020 summer bushfires – as well as other natural disasters and the current COVID-19 pandemic.

The funded training is intended to significantly increase the number of psychologists who are appropriately trained in this area, and to increase the capabilities of the Disaster Response Network (DRN).

Other free training made available to APS members included the very well subscribed <u>Self-care for</u> <u>psychologists</u> and <u>Managing the challenges of COVID-19</u> <u>as a psychologist</u>. Members were also supported through an end of financial year 20% discount on all online modules and practice certificate modules.

Work also began on the Better Return to Work Initiatives aimed at upskilling psychologists in compensable schemes. The APS will deliver a series of webinars and pilot a range education interventions, as well as design evaluation frameworks that would inform future program development.

#### Supervisor training

The APS continue to lead in the field in providing Psychology Board-approved supervisor training. In the past 12 months a total of 23 workshops were delivered, attracting 445 participants.

In the first few months of 2020 the APS transitioned from delivering face-to-face workshop components via webinar. This transition was seamless in continuing to meet demand.

#### **Professional support and opportunities**

Professional support for members through our member services was once again a focus, and new opportunities were explored and delivered. New partnerships were established for the purposes of developing and delivering professional opportunities for members in 2020.

#### **Professional Advisory Service**

The Professional Advisory Service responded to over 8500 member queries with common queries relating to Medicare, COVID-19 requirements, legal issues and confidentiality.

Additional staff were brought in during the peak of the COVID-19 changes, who responded to dozens of calls and emails a day. Members required clarity on the introduction of telehealth services and bulk billing, economic stimulus packages from Government, CPD requirements, face masks, and a host of other pandemic-related issues. This support was essential to ensure our members could continue to practice with confidence.

#### **Disaster Response Network**

APS members who volunteered within the Disaster Response Network (DRN) supported the Australian Red Cross through the 2019/2020 bushfires. Deployments were made to fire impacted regions including Mallacoota, Batemans Bay and Ulladulla and members undertook wellbeing checks with over 50 Red Cross workers. In addition, the DRN conducted wellbeing checks for those Australian Red Cross workers working with COVID-19 positive Australians and those in required quarantine.

#### Tackle Your Feelings program

In December 2019, the APS was proud to announce its official partnership with the AFL Players' and Coaches' Associations for the delivery of Tackle Your Feelings – a

national mental health training program for local footy clubs and coaches. The core aim of the program is to roll out specialised face-to-face and online mental health training to coaches and committee members at community footy clubs around the country, both in metropolitan and regional/rural areas.

In 2020, the aim is to deliver the program to more than 1500 coaches from 200 community clubs across Victoria, Western Australia, New South Wales and Queensland. The APS put the call out to APS psychologists who met a range of criteria, including having experience working in mental health, and a passion for an understanding of community sport, in particular, AFL. Close to 200 applications were reviewed and selected in January and February by the Tackle Your Feelings program administrators, and the training with APS psychologists began at the end of February 2020. A large component of the community training was moved online due to COVID-19, which proved to be very successful, despite the challenges.

#### Enhancements to Find a Psychologist

Thousands of APS members benefit from having a listing on Find a Psychologist, Australia's leading online psychologist directory. In 2020, with Australia facing enormous challenges from the bushfire and COVID-19 crises, the Federal Government agreed to provide funding to the APS to further enhance the Find a Psychologist directory. The aim is to make it easier for clients to link up with a psychologist, thus helping to meet the incredibly high demand for mental health services.

The result included improvements to the functionality of the site and the development of PsychEngage, a new free feature for premium listing holders. It allows clients to send appointment requests to psychologists who have opted in to this feature, with the intention of removing the barrier of a client having to call multiple psychologists when arranging an appointment. This is managed through a dedicated website portal and a smartphone app, used by the psychologists to manage their bookings.

### Conferences and member group events

The delivery of conferences and member group events underwent a transformation in 2020, when the ability to meet face-to-face was put on hold due to COVID-19. Despite this, we saw a great willingness from members to embrace change.

#### Conferences

When the reality of the restrictions brought about by the pandemic set in, the APS quickly moved to find a solution for our annual conference, PSY2020. Despite the challenges, the APS saw the opportunity presented by the emergence of new, accessible, virtual technology. The APS engaged a new platform, developed specifically for the purposes of virtual delivery, and began the process of planning and securing speakers and presenters.

Prior to the pandemic, over 700 delegates attended the College conferences.

- APS College of Organisational Psychologists Conference, 11-13 July 2019, Adelaide, 416 delegates, 88 preconferences workshop attendees
- APS College of Organisational Psychologists Workplace Excellence Awards, 31 October 2019, Melbourne, 89 attendees at showcase, 105 dinner attendees
- APS College of Clinical Neuropsychologists Conference, 7-9 November 2019, Barossa Valley, 219 delegates

In mid-March the decision was made to postpone the APS College of Clinical Psychology Conference, scheduled for 15-17 May 2020. This will now take place 21-23 May 2021 at the same venue in Brisbane, with the same keynote presenters and planned workshops.

#### Member group events

Similarly, the APS adapted to the restrictions around faceto-face member group events – as did the membership. Wherever possible, all events were moved to online meetings and webinars.

APS member groups have shown incredibly flexibility and a strong willingness to embrace online events as a safe way to run meetings and put on high-quality CPD and training and social events. Members valued the increase in accessible online learning and networking options. The APS is grateful for the patience and support provided by the member group leaders and the membership during the transition.

#### Students - the next generation

The growth in APS student member numbers increased in 2020 with the next generation of psychologists seeing the value in becoming a member.

In early 2020, to coincide with the start of the university year, the APS trialled a new approach to improve our awareness within psychology student cohorts. Working with members of the APS Division of Psychological Research, Education and Training (DPRET) holding academic positions at APAC-accredited institutions, the APS sought opportunities to engage with psychology students, both at the undergraduate and postgraduate levels, to promote the work of the APS and the professional benefits of membership.

New marketing materials were developed showcasing the tangible and intangible benefits of APS membership and reinforcing the message that APS membership can help students enter the profession as well-prepared as possible. Over 30 campuses took part in the initiative, conducting presentations and distributing materials. From mid-February through to the end of financial year 1,105 students joined the APS compared with 992 for the same period the previous year, an increase of over 11%.

Students also made an important contribution to the success of APS conferences, with over 20 students volunteering and ensuring that all attendees were well supported.

#### Academic qualification assessments for migration

The APS continued to be the national authority for the assessment of academic qualifications in psychology for migration, university entry into Australian Psychology Accreditation Council (APAC) courses and assessments of skilled employment history.

#### Highlights:

- 542 assessments of psychology qualifications were completed
- 188 for migration to Australia under the skilled migration categories of psychologist
- 343 for entry into an APAC course
- 11 for skilled employment history purposes

# Your news and resources

APS publications, resources and communications were a key source of news and information for members and the public in 2020.

#### **Publications and resources**

APS publications, resources and communications clarified practice and ethical issues, supported members in their work, and educated the public on how psychology can help them.

While a number of updates to resources were made such as the dementia and bipolar practice guides and information sheets and updated information on new Medicare initiatives (e.g., eating disorder and bushfire Medicare items), a significant part of 2020 focused on the development of resources to support members and members of the public in the context of the bushfires and COVID-19.

Close to 50 new COVID-19 and bushfire resources were developed. These included practical information for psychologists around changes required to meet Government requirements as well as resources focusing on: • the use of telehealth

- a comprehensive review of video conferencing platforms
- working with children and young people
- preparing for the new normal
- the development of a COVID safe plan to return to the office.

A number of the Colleges stepped forward to produce specialist information sheets and many members contributed to *InPsych* articles and resources.

In addition, information sheets were developed targeting members of the public, which focussed on managing anxiety, dealing with social isolation and connecting with psychologists via telehealth. These were shared widely via social media, both locally and internationally, and by organisations in all sectors.

The key member publication, *InPsych*, was distributed to over 25,000 members with the April/May edition being provided in an online format only due to the restrictions as a result of COVID-19. Cover features included open science, hoarding disorder, urban living, eating disorders, memory and a special feature on COVID-19. In addition, the latest information for practitioners, published research articles of interest and member activities were regular items. Important issues covered included the impact of the summer's bushfires and changes to Medicare services for psychology. Two ethical guidelines were revised:

- Ethical guidelines for reporting abuse and neglect, and criminal activity Revised October 2019
- Ethical guidelines on record keeping Revised February 2020

#### **APS Communications**

The frequency of APS National Office communications to members increased significantly during the bushfire and COVID-19 crises. The APS kept the lines of communication open to members at all times, even through what proved to be a seamless transition to a fully virtual office. Staff heard directly from members via email, webinars, phone calls. Regular email updates were provided, sometimes several times a week and over weekends, as news broke. A COVID-19 blog was established, storing all of these updates in one place on the website. Members were hugely responsive to this level of communication during the difficult times, and many shared their appreciation.

#### Journals

The Society has five journals, the Australian Journal of Psychology (AJP), the Australian Psychologist (AP), the Clinical Psychologist (CP), the Educational and Developmental Psychologist (EDP) and the Australian Community Psychologist (ACP).

The Impact Factors for 2019 demonstrated a sustained improvement across the APS journal portfolio, with increases in impact for each of the journals with Impact Factors: Australian Journal of Psychology (AJP), the Australian Psychologist (AP), the Clinical Psychologist (CP).

The Journal Citation Reports by the Web of Science Group indicate that the 2019 Impact Factor for Australian Journal of Psychology rose to 1.486, from 0.984 in 2018, an increase of 45%. This result places the journal 65/138 in the Psychology, Multidisciplinary category.

The 2019 Impact Factor for Australian Psychologist rose to 1.458, from 1.412 in 2018 placing the journal 68/138 in Psychology, Multidisciplinary category, and the 2019 Impact Factor for Clinical Psychologist rose to 1.333, from 1.293 in 2018. This result places the journal 61/77 in the Psychology category.

Particular thanks to Prof Nigel Bond, departing editor of the Australian Journal of Psychology, and Prof Maria Kangas, departing editor of the Australian Psychologist who did a stellar job in achieving these wonderful results for our journal portfolio. They will be greatly missed.

The process of seeking a new publishing partner for the AJP, AP and ACP began in November 2019. The APS will move these journals from Wiley to Taylor and Frances in January 2021.

# Your research and awards

The support for our psychological researchers, academics and educators was needed more than ever in 2020, with COVID-19 immediately impacting the higher education sector and the ability for research to be conducted.

### **Psychological science**

The Division of Psychological Research Education and Training (DPRET) gives a voice to and represents the interests of APS members working in academia, research centres, training institutions, and secondary education.

The DPRET Forum began the year with a strategic planning exercise, culminating in a strategic plan for the upcoming triennium. Unfortunately, due to COVID-19, the focus of the Forum had to shift to issues directly related to the change in circumstance for the membership.

This work was undertaken with a survey to assess the impact of the COVID-19 pandemic on members' academic, teaching and research activities. The flow on effect of the virus to the broader University sector has been a high focus of concern for the Forum and both the Society and the Forum have advocated vigorously for appropriate funding and support for the higher education sector.

#### **Research activities**

During the COVID-19 pandemic in Australia, the APS has been surveying members to find out about the impact of the pandemic on their work. WThe surveys were part of a combined effort with other allied health associations to better understand the impact of COVID-19 on allied health practices. A series of surveys tailored for the work and experiences were undertaken for different member sectors – academic and research, school, private practice, organisational psychology, and the public sector. The results have been shared with government as part of our ongoing advocacy efforts. They will also be used to inform the development of future resources, education and training, as well as InPsych articles and media activity.

In 2020, the APS also encouraged members who had conducted research specifically around the impact and effects of COVID-19 to share these with the National Office. These will be shared with members and the community in the 2020-2021 membership year.

# Recognising member excellence and achievement

The achievements of our members were once again celebrated through the APS Awards and through the bestowing of titles on our senior psychologists.

In 2020 the APS awarded the status of Fellow or Life Member to close to 40 members. The recognition of Fellow reflects significant contribution, and the status of Life Member reflects over 50 years of membership. Members were also recognised through the APS Awards, with categories that stretch from early career and teaching, to excellence in research, and from academic mentoring, to distinguished contributions by psychologists at later career stage.

#### **New Fellows**

Fellows are esteemed Members of the APS. They are senior psychologists who have made a significant contribution to the APS and the profession over a significant period of time.

Dr Gary Banks FAPS Dr Lauren Breen FAPS Ms Tamara Cavenett FAPS Mr Anthony Cole FAPS Ms Beverley Ernst FAPS Ms Kaye Frankcom FAPS Dr Aaron Frost FAPS Dr Moyna Glenn Goold FAPS Dr Nigar Khawaja FAPS Dr Simon Kinsella FAPS Dr Simon Kinsella FAPS Ms Judith Marty FAPS Dr Brendan Meagher FAPS Mr Jason Pratt FAPS Prof Tracey Wade FAPS A/Prof Christopher Willcox FAPS

#### **New Life Members**

The status of Life Member is awarded to those members who have held at least 50 years membership with the APS.

In 2020, the APS celebrated the milestone reached by Emeritus Professor Ron Taft AM Hon FAPS, of 75 years of membership and 100 years of life.

Mr Warren Barr MAPS Dr Penny Brabin FAPS Mrs Christina Brown MAPS Dr Fiona Bryer MAPS Prof Donald Byrne FAPS Mr Anthony Cole MAPS A/Prof Roger Cook FAPS Ms Gwen Crawford MAPS Dr Samuel Das MAPS Em Prof Graham Davidson Hon FAPS Mr Peter Dunn MAPS A/Prof Erica Frydenberg AM Hon FAPS Mr Frank Horwill MAPS Dr William Martin MAPS Dr Stephen Meredith MAPS Mr Bruce Merritt MAPS Mr Geoffrey Payne FAPS Ms Anne Sinclair MAPS Mrs Janet Stone MAPS Mrs Elizabeth Thompson MAPS Dr Miriam Tisher MAPS Mr Stephen Ward MAPS Dr Alison Weber MAPS Dr George Wills FAPS

#### Emeritus Professor Ron Taft AM Hon FAPS

Ron is our longest serving member, having been involved with the Australian Psychological Society from its very first days. Ron was a founding member who was at the table during the inaugural



1944 meeting of the APS precursor, the Australian Branch of the British Psychological Society. He was integral to the founding of the APS in 1966 and has been described as a 'pioneer' of the psychology profession – in particular, within psychology research in the area of immigration. Ron's love for psychology and his passion for sharing this with others is to be admired.

#### 2019 Queen's Birthday Honours

# Member in the General Division of the Order of Australia (AM)

- Mrs Lucinda Brogden AM for significant service to workplace mental health and wellbeing.
- Emeritus Professor Ralph Hall AM MAPS for significant service to higher education as an academic, and to the community.
- Dr William Sultmann AM MAPS for significant service to education, and to the community.
- Dr Lizabeth Tong AM MAPS for significant service to medicine, particularly to child mental health.

#### 2020 Australia Day Honours

# Officer (AO) in the General Division of the Order of Australia

• Prof Matthew Sanders AO FAPS for distinguished service to education and research in clinical psychology, and to child, parent and family wellbeing.

# Member (AM) in the General Division of the Order of Australia

- A/Prof Erica Frydenberg AM Hon FAPS for significant service to psychology as a researcher, educator and adviser.
- Professor Lea Elizabeth Waters-Scholes AM MAPS for significant service to education, and to psychology.

#### Australian Corrections Medal (ACM)

• Ms Jenny Lynas ACM for commitment and dedication to protecting the community of Queensland through the management of high risk, dangerous sex offenders and their safe reintegration into the community under care, control and treatment.

The APS encourages its members to <u>nominate</u> deserving colleagues for an Australian Honour.

#### 2019 APS Awards recipients

The prestigious APS Awards recognise and honour outstanding contributions to psychological education, science and practice from psychologists at the earliest stages of their careers, through to accomplished leaders. The recipients of these awards are announced in April each year. Congratulations to the 2019 recipients.

# President's Award for Distinguished Contribution to Psychology in Australia

This later career stage Award recognises contributions that have made a difference to psychology in Australia and the Australian community. The Award may be in any field of psychology.

- Prof Shane Thomas MAPS
- Dr Pat Dudgeon FAPS

# Distinguished Contribution to Psychological Science Award

This Award recognises distinguished theoretical or empirical contributions to psychology by psychologists at mid or later career stages. The contribution may lead to the understanding or amelioration of an important practical problem.

• Prof Martine Powell FAPS, Griffith University

# Distinguished Contribution to Psychological Education Award

This Award recognises outstanding contribution to the education of psychologists over an extended period in Australia.

• Prof Craig Gonsalvez FAPS, Western Sydney University

#### Early Career Research Award

This Award is intended for candidates whose scientific achievements are outstanding and place them significantly ahead of their peers.

- Dr Carly Johnco MAPS, Macquarie University
- Dr Tim Ballard MAPS, University of Queensland
- Dr Milena Gandy MAPS, Macquarie University
- Dr Halley Pontes MAPS, University of Tasmania

#### Early Career Teaching Award

This Award encourages developing teachers at Australian higher education providers who demonstrate potential for excellence. It is intended to recognise candidates whose skill and commitment to teaching in psychology, and promotion of student learning, places them significantly ahead of their peers.

- Dr Nadine Brayley MAPS, Queensland University of Technology
- Dr Madeleine Ferrari MAPS, Australian Catholic University

#### Award for Excellent PhD Thesis in Psychology

This Award is offered for the purpose of encouraging and rewarding outstanding research in psychology.

- Dr David Preece MAPS, Edith Cowan University
- Dr Gabrielle King MAPS, University of New South Wales
- Dr Alana Fisher MAPS, University of Sydney

# Media Award for Public Engagement with Psychological Science

This Award recognises an outstanding individual who has given a public voice to psychological science through the communication of high-quality research or the promotion of psychological science more generally to the public.

A/Prof Ben Colagiuri, University of Sydney

#### **Outstanding Academic Mentor Award**

This Award recognises an outstanding individual in the mid-to-late career stage who has mentored and guided a significant number of early career psychological scientists. The Award seeks to honour an individual who has demonstrated extraordinary leadership and support to peers and students and is committed to the advancement of the discipline and profession of psychology.

• Prof Peter Norton, Monash University

### **APS Prize**

The APS Prize is awarded to each student who gains first place at the end of an accredited fourth-year program in psychology through an Australian higher education provider.

#### 2019 APS Prize winners

#### Ella Tremaine

Australian Catholic University The impact of self-compassion on the relationship between perfectionism and depression in athletes

#### Amanda Bugbird

Australian College of Applied Psychology Comparing the SDQ with comprehensive measures of adaptive functioning and behaviour

#### Nericia Brown

Australian National University Exploring decision-making in multiple judgements of confidence in eyewitness identification tasks

#### **Rhianna Lovegrove**

Bond University Muscle strength to mental strength: Exercise and age-related cognitive decline

#### Rebecca Blockley-Jackson

Cairnmillar Institute Sexual pain and wellbeing: The role of the fear-avoidance model of pain and partner responses

#### Jessica Conroy

Central Queensland University Exploring trauma-informed schooling knowledge and classroom management practices in Central Queensland catholic schools

#### Leah Kite

Charles Darwin University Transition from military to civilian:Identity, social connectedness, and veteran wellbeing

#### 2019 APS Prize winners continued

Rebecca Rayner

Charles Sturt University You snooze, you lose? The effect of 'snoozing' (postponing) reminders on prospective memory retrieval processes

#### Sarah Flynn

Curtin University Alexithymia, difficulties in emotion regulation, emotion regulatory selfefficacy, and non-suicidal self-injury: Testing a moderated mediation model

#### **Brenton Russell**

Deakin University The role of self-deception and time since adversity in self-perceived posttraumatic growth

#### Marie Smith

Edith Cowan University Personal care workers' perceptions and experiences of sexual expression in residential aged care facilities

#### **Maicee Harrison**

Federation University Australia The influence of Indigenous racial priming and stereotype consistency on eyewitness memory

#### Inessa Harpas

Flinders University Does event context moderate the effect of testing on misinformation recall in the household scene paradigm?

#### Swaminathan Meera

Griffith University Moralisation and personal responsibility as mechanisms of lung cancer stigma

#### Jessica Pryke

ISN Psychology Prolonged calorie restriction in the ageing rat: Effects on anxiety-like behaviour at 6, 12 and 18 months

#### Linda Nerboni

James Cook University Neuroticism, forgiveness, and regulatory emotional selfefficacy: Interpersonal offense victimisation and bullying scenario responses

#### Kira-Elise Wilson

La Trobe University Acute and chronic fluoxetine administration differentially modulate midline ventral tegmental nucleus dopaminergic neuronal activity and exploratory behaviour in female balb/c mice

#### Karina Mei Li Chan

Macquarie University Food for thought: The effect of Western style diets on cognition and overeating

# Your community

Close to 15,400 registrants gathered for member group events via face-to-face and virtual formats, revealing the continued importance of relationship building, information sharing and consultation.

The delivery of member group events underwent a transformation in 2020, when the ability to meet face-to-face was put on hold due to COVID-19. Despite this, we saw a great willingness from members to embrace new opportunities for connection and collaboration.

# Divisions

#### Division of Colleges

Ms Ros Knight (C) Ms Frances Mirabelli (C) Ms Heather Ikin Mr John Crampton Dr Catriona Davis-McCabe Dr Vicki McKenzie Dr Louise Roufeil Mr Bruce Watt Ms Helen Killmier Dr Amelia Scholes Dr Brendan Meagher

#### Division of General Psychological Practice (DGPP)

Ms Ros Knight (C) Ms Frances Mirabelli (C) Ms Ronita Neal Mrs Jay Anderson Dr Terence Kirkpatrick Ms Jeni Kousoulinis Robyn Oertel Ms Beverly Ernst

#### Division of Psychological Research, Education and Training (DPRET)

Prof Simon Crowe (C) Prof Jacquelyn Cranney Prof Mike Innes Prof Justin Kenardy Prof Tony Machin Ms Karen Marangio

\*C = Chair

Prof Jason Mattingley Prof Shirley Morrissey Prof Kathryn Nicholson Perry A/Prof Kimberly Norris Prof Craig Speelman Prof Tracey Wade

### Colleges

APS College of Clinical Neuropsychologists Chair: Dr Amelia Scholes Members: 826

APS College of Clinical Psychologists Chair: Dr Brendan Meagher Members: 5,928

APS College of Community Psychologists Chair: Prof Jenny Sharples; Ms Helen Killmier Members: 163

APS College of Counselling Psychologists Chair: Dr Catriona Davis-McCabe Members: 1,086

APS College of Educational and Developmental Psychologists Chair: Dr Vicki McKenzie Members: 1,097 APS College of Forensic Psychologists Chair: Miss Kerrilee Hollows; Dr Bruce Watt Members: 660

APS College of Health Psychologists Chair: Dr Allison Clarke; Dr Louise Roufeil Members: 461

APS College of Organisational Psychologists Chair: Ms Heather Ikin Members: 875

APS College of Sport and Exercise Psychologists Chair: Mr David Williams; Mr John Crampton Members: 185

# **Branches**

### Australian Capital Territory

Australian Capital Territory Chair: Mr Randolph Sparks Members: 795

#### New South Wales

**Illawarra** Chair: Ms Lynette Page Members: 423 New England Chair: Ms Marisa Barnes Members: 133

Newcastle Chair: Ms Virginia Ross Members: 641

NSW Central Coast Chair: Ms Susan McConaghey; Mr Reginald Davis Members: 284

**NSW Far-South Coast** Chair: Mr Stephen Brigham Members: 28

NSW Mid-North Coast Chair: Mrs Alira Bayndrian Members: 243

NSW North Coast Chair: Ms Jane McGregor Members: 291

**NSW Western Region** Chair: Mrs Margaret Johnson Members: 209

**Riverina** Chair: Mr Curtis Madeley Members: 86

**Shoalhaven** Chair: Dr Karen Donaldson Members: 84

South-West Sydney Chair: Ms Mary-Anne Frahm; Mrs Elizabeth Stringer Members: 525

**Sydney** Chair: Ms Natalie Mamone Members: 4,286

#### Northern Territory

**Top End** Chair: Mr Scott Bevis; Mr Bruce Van Haeften Members: 149 **Central Australia** Chair: Dr Kate Argentino Members: 33

#### Queensland

**Brisbane Area** Chair: Ms Jayne Crawley Members: 2,614

**Bundaberg-Hervey Bay Region** Chair: Ms Ing-Chen Chi Members: 109

**Central Queensland** Chair: Ms Helen Madell Members: 155

Far-North Queensland Chair: Dr Kerry Francis; Ms Bonny Bryen Members: 177

**Gold Coast** Chair: Dr Jessica Paynter Members: 672

**Mackay** Chair: Ms Kathleen Elliot; Miss Cara-Anne McCormack Members: 72

**North Queensland** Chair: Ms Carolyn Clark Members: 246

Sunshine Coast Chair: Mrs Gretchen Mitchell Members: 412

**Toowoomba** Chair: Dr Patricia Hoare; Mr Michael Coleborn Members: 283

#### South Australia

South Australia Chair: Ms Shelley Rogers; Dr Loraine Lim Members: 1,411

#### Tasmania

**Hobart** Chair: Dr Philippa Cannan Members: 294

North-West Tasmania Chair: Mrs Caroline Macleod; Ms Pippa Cushing; Ms Sinead Fahey Members: 46

**Northern Tasmania** Chair: Ms Olivia Boer Members: 104

#### Victoria

Albury/Wodonga Chair: Mr Paul Bizzotto Members: 122

**Ballarat** Chair: Ms Arijana Hostnjak; Dr Mandy Cassimatis; Miss Jacqueline White Members: 240

**Barwon** Chair: Ms Jane Reynolds; Mr James Phillips Members: 357

**Bendigo** Chair: Miss Amanda Kelly Members: 223

**Gippsland** Chair: Mr Stephen McAnulty Members: 159

Melbourne Chair: Dr Peter Eide; Ms Michele Glassenbury Members: 5,959

**Mornington Peninsula** Chair: Ms Frances Malcolm; Dr Diane McGreal Members: 265

South-West Victorian Chair: Ms Susan Hook Members: 53 **Outer Eastern Melbourne Branch** Chair: Dr James Collett Members: 517

#### Western Australia

**Goldfields Esperance** Chair: Miss Melanie Crockett Members: 24

**Mid-West WA** Chair: Miss Bonnie Crosthwaite Members: 71

**Perth** Chair: Ms Lidia Genovese Members: 1.798

**South-West WA** Chair: Ms Carol Morgan Members: 91

WA Great Southern Chair: Mr Bill Webb; Mrs Brooke Bevan-Wilson Members: 35

# **State Committees**

Australian Capital Territory State Chair: Ms Rosemary Jovanovic

New South Wales State Chair: Ms Marisa Barnes

Northern Territory State Chair: Mr Bruce Van Haeften

Queensland State Chair: Dr Leah Pischek-Simpson

South Australia State Chair: Dr Loraine Lim

Tasmania State Chair: Ms Olivia Boer

Victoria State Chair: Miss Jacqui White Western Australia State Chair: Ms Carol Morgan

### **Interest Groups**

Aboriginal and Torres Strait Islander Peoples and Psychology Convener: Prof Patricia Dudgeon; A/Prof Dawn Darlaston Members: 217

Acceptance and Commitment Therapy and Psychology Convener: Dr Elizabeth Patton Members: 380

**Buddhism and Psychology** Convener: Ms Penelope Fenner Members: 194

**Child Sex Abuse and Psychology** Convener: Ms Christabel Chamarette Members: 126

**Child, Adolescent and Family Psychology** Convener: Mrs Alexina Baldini Members: 666

**Christianity and Psychology** Convener: Dr Tammy White Members: 290

**Clinical Hypnosis in Psychology** Convener: Dr Diane McGreal Members: 193

**Coaching Psychology** Convener: Ms Vicki de Prazer Members: 468

**Dispute Resolution and Psychology** Convener: Dr Emily Kwok; Ms Wendy Buchanan Members: 18

**EMDR and Psychology** Convener: Mrs Arianne Struik; Mrs Fiona Mawson Members: 567 **ePsychology Interest Group** Convener: Ms Angela White; Mr Jason Pratt; Dr Mandy Cassimatis Members: 159

Military and Emergency Services and Psychology Convener: Mr Damien Stewart Members: 229

Narrative Theory and Practice in Psychology Convener: Mrs Rina Taub Members: 81

**Neurofeedback and Psychology** Convener: Mrs Martha Mack Members: 126

**Perinatal and Infant Psychology** Convener: Ms Adriana Zapata-Delgado Members: 294

**Personal Construct Psychology** Convener: Mrs Desley Hennessy; Mrs Lynette Toms Members: 5

**Positive Psychology** Convener: Ms Sharon Garro Members: 368

**Psychoanalytically-Oriented Psychology** Convener: Ms Kerrie Collings-Silvey; Ms Elizabeth King Members: 370

**Psychologists for Peace** Convener: Dr Diane Bretherton Members: 66

**Psychologists for the Promotion of Animal Welfare** Convener: Ms Kathleen Ager (finich 30/05/19 no new convener)

(finish 30/05/19 no new convener) Members: 52

**Psychologists in Oncology Interest** Convener: Dr Kerrie Clover Members: 113

#### **Psychologists in Schools**

Convener: Dr John Burns; Mr Ross Whitfeld Members: 632

**Psychology and Ageing** Convener: Dr Leander Mitchell; Prof Viviana Wuthrich Members: 326

Psychology and Complementary Therapies Convener: Ms Caroline Raphael; Mrs Carrie Thomson-Casey Members: 92

**Psychology and Cultures** Convener: Dr Judy Tang Members: 57

**Psychology and Early Childhood** Intervention Convener: Mrs Janene Swalwell Members: 86

**Psychology and Homelessness** Convener: Dr Kathryn Taylor Members: 27

**Psychology and Substance Use** Convener: Dr Hollie Wilson; Dr Latha Nithyanandam Members: 123

**Psychology and the Environment** Convener: Dr Navjot Bhullar Members: 86

**Psychology and the Performing Arts and Entertainment Industry** Convener: Mr Peter Delany Members: 54

**Psychology Education** Convener: Dr Kimberley Norris Members: 80

**Psychology from an Islamic Perspective** Convener: Mrs Shehzi Yusaf Members: 24

\*C = Chair

**Psychology in the Public Sector** Convener: Dr Clare Ramsden; Members: 115

**Psychology of Diverse Bodies, Genders and Sexualities** Convener: Miss Heidi Jansen; Mr Andrew Chua Members: 100

Psychology of Intellectual Disability and Autism Convener: Dr Lynne Webber; Mr Samuel Arnold Members: 375

**Psychology of Relationships** Convener: Mr Bengianni Pizzirani Members: 232

Psychology, Eating, Weight and Body Image Convener: Dr Leah Brennan Members: 212

**Psychopharmacology and Psychology** Convener: Dr Judith Buchholz Members: 60

**Psychosis and Psychology** Convener: Dr Melissa Connell Members: 56

**Refugee Issues and Psychology** Convener: Ms Elizabeth Conroy Members: 77

**Rehabilitation Psychology** Convener: Dr Ashley Craig Members: 123

**Rural and Remote Psychology** Convener: Mrs Margi Johnson Members: 141

Supervision in Psychology Convener: Dr Grace Couchman Members: 166

**Testing and Assessment in Psychology** Convener: Dr Graeme Senior Members: 173

**Transpersonal Psychology** Convener: Mr Gregory Goodluck Members: 60 **Trauma and Psychology** Convener: Mr Michael McLindon Members: 588

**Women and Psychology** Convener: Ms Carmel O'Brien Members: 108

### **Board Committees**

#### Ethics

Dr Lisa Warren Dr Simon Crisp Ms Melissa Freestun (from April 2020) Dr Matthew Hughes (from April 2020) Ms Rosemary Kennedy Mr Timothy Keogh (until 31 December 2019) Mr Simon Milton Ms Ylishavai Ngateejah Ms Christine Senediak (from April 2020) Dr Primrose White

#### Finance, Investment and Audit

Ms Mary Latham (C) Ms Ros Knight Ms Tamara Cavenett Mr Michael Di Mattia Mr Paul Flanagan Mr Keith Irvine Mr Michael Shaw Ms Frances Mirabelli Mr Harry Georgalas

Governance and Risk

Ms Robyn Batten (C) Ms Ros Knight Ms Tamara Cavenett Prof Simon Crowe Ms Frances Mirabelli Mr Harry Georgalas

### **Board Advisory Groups**

APS Advisory Council Ms Ros Knight (C) Ms Frances Mirabelli (C) A/Prof Navjot Bhullar Ms Christabel Chamarette

A/Prof Dawn Darlaston-Jones Ms Margi Johnston Dr Elizabeth Patton Mr Damien Stewart Mrs Janene Swalwell A/Prof Kimberly Norris Prof Pat Dudgeon Ms Beverly Ernst **Mr Timothy Milnes** A/Prof Graham Tyson Dr Jason Mattingley Prof Lorelle Burton Prof John Reece A/Prof Jacquelyn Cranney Prof Tony Machin Mr John Crampton Dr Catriona Davis-McCabe Dr Vicki McKenzie Dr Louise Roufeil Mr Bruce Watt Ms Helen Killmier Dr Amelia Scholes Ms Heather Ikin Dr Brendan Meagher Ms Ronita Neal Mrs Jay Anderson Dr Terence Kirkpatrick Ms Jeni Kousoulinis Miss Jacqueline White Mrs Judith Marty Ms Mandy Dexter Ms Rosemary Jovanovic Mrs Caroline Macleod Ms Loraine Lim Mr Bruce Van Haeferton Ms Marissa Barnes

The APS provided operational support services to the Aboriginal and Torres Strait Islander Mental Health and Suicide Prevention Advisory Group.

# \*C = Chair

### Committees and Working Groups

#### APS College of Clinical Psychologists Conference 2020/2021

Dr Lisa Chantler, Past Conference Chair Dr Brendan Meagher, College Chair Dr Petra Skeffington, Committee member Dr Diane Whiting, Conference chair Dr Karl Wiener, College treasurer

#### APS College of Organisational Psychologists (Workplace Excellence Awards) 2019 Traci Carse-Event lead Heather Ikin, College Chair

#### APS College of Clinical Neuropsychologists Conference 2019

Dr Emma Fitzgerald, Conference chair Julia Kuring, Scientific program chair Dr Rochelle Whelan, Scientific program chair Kirsti Kankhunen, Committee member

#### Bendi Lango Bursary Selection Committee

Prof Simon Crowe (C) Mr Joseph Gagliano Adjunct A/Prof Amanda Gordon Miss Tanja Hirvonen Ms Sueanne Trindall Dr Rebecca Matthews

#### Code of Ethics Review Committee

Ms Elisabeth Shaw (Chair) Prof Alfred Allan Prof Tim Carey Mr Nicholas Gamble Prof Anthony Love Dr Melanie Newton Mr Mick Symons Prof Don Thomson Dr Lisa Warren

#### Ethical Guidelines Committee

Prof Don Thomson (C) Dr Heather Bancroft Ms Susi Blacker Mr Graeme Kane A/Prof Ann Knowles Ms Jacinta Pollard Mr Mick Symons Dr Lisa Warren A/Prof Chris Willcox

#### **Fellows Committee**

Ms Ros Knight (C) Mr Anthony Cichello Ms Alexina Baldini Prof Tony Machin

#### Periodical Advisory Committee

Prof Tracey Wade (C) Prof Simon Crowe A/Prof Maria Kangas Emeritus Prof Nigel Bond Dr Richard Moulding Dr Kelly Allen Dr Rachel Fox

#### Science Awards Selection Committee

Prof Simon Crowe (C) A/Prof Jacqueline Cranney Dr Judith Gullifer Prof David Kavanagh Prof Justin Kenardy Prof Mike Kyrios Prof Frances Martin Prof Jason Mattingley Prof Shirley Morrissey Prof Debra Rickwood Prof Craig Speelman Dr Deborah Wilmoth

#### Test and Testing Expert Group

Mr Peter Macqueen (C) Dr Melody Fudge Dr Nick Hagiliassis A/Prof Nigar Khawaja Dr Rebecca Mathews Ms Valorie O'Keefe Mr Doug Scott Dr Graeme Senior Dr Bruce Watt