**Resources for the “Working Together for Peace” Award**

**Introduction**

The Australian Psychological Society’s Psychologists for Peace Interest Group seeks to promote peace at all levels. Some people think of peace as simply the absence of war or violent conflict, and some think of it as tranquillity (like “peace and quiet”), but it is more than these. It includes:

* being at peace with yourself (‘inner peace’)
* having peaceful families and relationships (where everyone’s rights are respected and problems are resolved effectively)
* building peaceful communities (where people with different backgrounds and characteristics are respected and people work together for the community), and
* creating a peaceful world (where all people can live healthy peaceful lives in a healthy sustainable world).

**At all these levels, there are many problems that create conflict and make it difficult to achieve peace. To name just a few: bullying, racism, prejudice, and climate change.**

**Resources**

There are many useful resources available on using psychological knowledge and insights to address all these issues that young people can use to help develop their projects. Some of these are listed below. You are also welcome to find your own. All projects which fit the selection criteria will be considered. **Be creative!**

**SOME SUGGESTED RESOURCES**

**PSYCHOLOGISTS FOR PEACE RESOURCES**



YouTube: [Changing the world: why it fails and what works | Winnifred Louis](https://www.youtube.com/watch?v=AI4eSI-GbXM%20)

November 2021 InPsych magazine:

[Psychology and the climate crisis – Advancing peace, security and justice](https://psychology.org.au/for-members/publications/inpsych/2021/november-issue-4/psychology-and-the-climate-crisis-advancing-peace,)

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***Wise Ways To Win***

A picture book that outlines the steps to resolving conflict peacefully

Go to <https://groups.psychology.org.au/GroupContent.aspx?ID=8559> for a video and a PDF version

Conflict Resolution: Theoretical and Practical Issues - A. Sanson & D. Bretherton. In Christie, Wagner & Winter (2001), 'Peace, Conflict and Violence: Peace Psychology for the 21st Century'. pp 193-204.

<https://cpb-us-w2.wpmucdn.com/u.osu.edu/dist/b/7538/files/2014/10/Chapter-17-Confict-Resolution-Sanson-Bretherton-1myb0rn.pdf>

Ten Ways You Can Promote Peace

<https://groups.psychology.org.au/GroupContent.aspx?ID=8533>

Psychologists for Peace Children’s Peace Literature Award <https://groups.psychology.org.au/awards/literature/?ID=2045>

**AUSTRALIAN PSYCHOLOGICAL SOCIETY (APS) RESOURCES**

A number of resources on the environment, climate change and psychology can be found at: <https://psychology.org.au/community/advocacy-social-issues/environment-climate-change-psychology>

Communicating about violence, peace and social justice

<https://www.psychology.org.au/getmedia/60d01a02-7fbb-41b3-bb57-a026e65d67d0/Communicating-violence-pean-social-justice.pdf>

**OTHER ORGANISATIONS AND RESOURCES**

The Climate Council

<https://www.climatecouncil.org.au>

Racism. It Stops With Me.

[https://itstopswithme.humanrights.gov.au](https://itstopswithme.humanrights.gov.au/)

The International Campaign against Nuclear Weapons (ICAN)

<https://icanw.org.au/>

Waging Nonviolence

<https://wagingnonviolence.org/metta/podcast/warheads-to-windmills-pay-green-new-deal/>

The University of Sydney

[Ask us anything - questions about race, culture and stereotypes in Australia](https://www.youtube.com/watch?v=o-gl6e-KUYM)

**UNITED NATIONS AGENCIES**

United Nations Children’s Fund (UNICEF) [https://www.unicef.org/r](https://www.unicef.org/reports/unless-we-act-now-impact-climate-change-children)

United Nations Sustainable Development Goals

<http://www.un.org/sustainabledevelopment/>

Lazy person’s guide to saving the world <http://www.un.org/sustainabledevelopment/takeaction/>

**SOME USEFUL BOOKS**

Wertheim, E. H., Love, A., Peck, C., Littlefield, L. (2006). *Skills for resolving conflict: Creating effective solutions through co-operative problem solving* (2nd ed.). Melbourne, Vic: Eruditions.

<http://www.eruditions.com/books/skills-for-resolving-conflict-2nd-edition/>

# [Hawken](https://www.amazon.com/Paul-Hawken/e/B000APTSBC/ref=dp_byline_cont_book_1), P. (2021). *Regeneration: Ending the climate crisis in one generation*. Penguin Books